

The Team HEALTH CHECK

Rate your reaction to each pair of phrases. Decide where you lie on a scale of 1 to 5.

| | | 1 | 2 | 3 | 4 | 5 |
|----|--|------------|---|---|---|---|
| 1 | We have a shared understanding on our team's mandate. | | | | | |
| 2 | We clearly know what we have to accomplish as a team, and by when. | | | | | |
| 3 | We have clear roles and accountabilities so we know which decisions we can make. | | | | | |
| 4 | We have agreed on what behaviours are ok and not ok on our team. | | | | | |
| 5 | Our team meetings are productive. | | | | | |
| 6 | We trust each other. | | | | | |
| 7 | If a commitment isn't met, we can talk directly and respectfully with each other about it. | | | | | |
| 8 | We consider each other's strengths when we are figuring out who will take on tasks. | | | | | |
| 9 | We can share dissenting opinions and work through them. | | | | | |
| 10 | We are committed to our team's objectives. | | | | | |
| | | YOUR SCORE | | | | |

To discuss immediate actions you can take to increase your team health, contact us at liza@sparkworksleadership.ca